



20th March 2023

Dear Parent / Carer,

Festivals and Fasting Policy

Southfields Primary School embraces the diverse nature of our community, and we actively work with our community to ensure that we consider the needs and suggestions that our community has.

As such, we have written a clear 'Festivals' policy to ensure that we take into account the needs of our community but also recognise that we have a duty of care towards our children and to deliver the highest quality of education at all times.

This is particularly important during key festivals. During these times some children may wish to fast as part of their religious practice. Whilst we recognise that fasting is not compulsory before the age of puberty in Islam, we understand that children are often encouraged to fast or indeed wish to fast to prepare them for adulthood.

To support these children, whilst ensuring they are safe and are able to learn, we have drafted a policy and reply slip that must be completed for children to fast.

You can access the policy on our website by visiting:

www.SouthfieldsPrimary.org clicking 'Our School' > 'Policies' > 'Safeguarding and Inclusion' > 'Festivals and Fasting Policy'.

Please ensure that this form is **completed before** any days where fasting will take place.

If you have any questions, please do not hesitate to contact me.

Yours Sincerely

Mr James Gale

Headteacher

Headteacher: Mr James Gale

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